

April 2023 CALENDAR
Ramakrishna Vedanta Society of North Texas
119-125 W. Scotland Drive, Irving, TX 75062 ~ vedantadfw.org 972-252-4673

NOTE: In-person attendance on Sundays and for retreats. All programs are also online.

Srimad Bhagavatam Study Circle (peer-led): 4–5:30 pm on select Tuesdays during the month. Email dfwvedanta@gmail.com if you wish to join this study circle.

SUNDAY TALKS AND THURSDAY RAJA YOGA STUDY CIRCLES will continue via Zoom:

- Sunday Programs: <https://us02web.zoom.us/j/86744424384> Meeting ID: 867 4442 4384
- Thurs. Raja Yoga Class: <https://us02web.zoom.us/j/89320143144> Meeting ID: 893 2014 3144
- Passwords: provided in Vedanta Society's weekly Mailchimp announcements; or Email dfwvedanta@gmail.com at least 1 hour before the program begins.

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**NOTE: Sunday 4-Part "Prescriptions for Spiritual Wellness 4-part Series in April:**

- 11 am-12 Noon: Power-point Presentation by Pravrajika Brahmaprana
- 12-12:10: Break
- 12:10-12:40 pm: Yoga Session to embody the Sutra teachings, by Sherry Thompson, Yoga Therapist
- 12:40pm: Arati
- 12:45 pm: Lunch prasad

**SUNDAY PROGRAM**

Sun., April 2: "How to Find Our Ground and Calling in a World in Turmoil"  
11 am Pravrajika Brahmaprana Meeting ID: 867 4442 4384

***"Prescriptions for Spiritual Wellness" 4-part Sunday Series***

**Yoga Sutras of Patanjali: Chapter 1—by Pravrajika Brahmaprana**

followed by Yoga Asana Sessions that embody the Teachings - by Sherry Thompson, Yoga Therapist  
(In person & Online)

Thurs., April 6: Raja Yoga Study Circle (7 pm) Meeting ID: 893 2014 3144

Sun., April 9: "Prescriptions for Spiritual Wellness—1" Meeting ID: 867 4442 4384  
11 am Pravrajika Brahmaprana & Yoga Therapist, Sherry Thompson

Thurs., April 13: Raja Yoga Study Circle (7 pm) Meeting ID: 893 2014 3144

Sun., April 16: "Prescriptions for Spiritual Wellness—2" Meeting ID: 867 4442 4384  
11 am Pravrajika Brahmaprana & Yoga Therapist, Sherry Thompson

Thurs., April 20: Raja Yoga Study Circle (7 pm) Meeting ID: 893 2014 3144

Sun., April 23: "Prescriptions for Spiritual Wellness—3" Meeting ID: 867 4442 4384  
11 am Pravrajika Brahmaprana & Yoga Therapist, Sherry Thompson

Thurs., April 27: Raja Yoga Study Circle (7 pm) Meeting ID: 893 2014 3144

Sun., April 30: "Prescriptions for Spiritual Wellness—4" Meeting ID: 867 4442 4384  
11 am Pravrajika Brahmaprana & Yoga Therapist, Sherry Thompson

*All are Welcome! Bring a Friend*